



**Gather for a Hike in the Epsom Town Forest
Saturday, September 18, 2010**

Please join the Friends of the Suncook River and the Epsom Conservation Commission for a hike in the Epsom Town Forest Saturday, September 18. (Rain date the 19th)

Long time Conservation Commission Chair Alison Parodi will lead the easy to moderate hike into the heart of the Town Forest. Check out the newly constructed trail along Blakes Brook as it winds its way up towards the old mill pond. Here beaver, wood ducks and otter will frolic and flourish forever, thanks to the conservation easement on this 450-acre tract first protected under the Land and Community Investment Program (LCIP) dating back some two decades now. Check out Nevel Peak where Mount Washington looms into the clouds a distance away. Then meander for a moment and reflect at the tomb stones and cellar hole of long ago residents. And don't forget to ask about the secret burial site of a Native American whose last wishes long, long ago was to be placed on a beautiful knoll overlooking Blakes Brook. Nature and beauty abound in the Epsom Town Forest. Why not connect to this town treasure yourself?

Meet at the parking area for the Town Forest on Tarleton Road in Epsom. For more info e-mail alisonparodi@metrocast.net